



July 2019 Courses

1 Day Cskills Health & Safety Awareness Course	Tuesday 2 nd July	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch
Emergency First Aid at Work Shildon, County Durham	Tuesday 2 nd July	8.30am – 4.30pm	£95.00 + Vat per person
3 Day First Aid at Work Shildon, County Durham	3 rd – 5 th July	8.30am – 4.30pm	£180.00 + Vat per person
5 Day Site Managers Safety Training Scheme 1 x day per week x 5 weeks	Fridays 5 th , 12 th , 19 th , 26 th July & 2 nd August	8.30am – 4.30pm	£475.00 + Vat per person Includes all delegate fees, manuals and lunch
Manual Handling	Monday 8 th July	8.30am – 12.30pm	£55.00 + Vat per person Includes all manuals
Confined Spaces Safe Entry Easington, Co. Durham	Tuesday 9 th July	8.30am – 4.30pm	£110.00 + Vat per person Includes all manuals and lunch
2 Day First Aid at Work Re-Qualification Shildon, County Durham	9 th – 10 th July	8.30am – 4.30pm	£130.00 + Vat per person
IOSH Safety for Executives and Directors	Wednesday 10 th July	8.30am – 4.30pm	£180.00 + Vat per person Includes all manuals and lunch
2 Day Cskills Site Supervisors Safety Training Scheme Course 1 x day per week x 2 weeks	Monday's 15 th & 22 nd July	8.30am – 4.30pm	£210.00 + Vat per person Includes all delegate fees, manuals and lunch
Safe Working at Heights	Tuesday 16 th July	8.30am – 12.30pm	£55.00 + Vat per person
Harness and Lanyard	Tuesday 16 th July	1.00pm – 5.00pm	£55.00 + Vat per person
1 Day Cskills Health & Safety Awareness Course	Wednesday 17 th July	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch
2 Day Cskills SMSTS Refresher Course 1 x day per week x 2 weeks	Tuesday 23 rd & 30 th July	8.30am – 4.30pm	£275.00 + Vat per person Includes all delegate fees, manuals and lunch



August 2019 Courses

CAT & Genny (Avoiding Dangers of Underground Services)	Monday 5 th August	8.30am – 12.30pm	£60.00 + Vat per person Includes all manuals
Confined Spaces Safe Entry Easington, Co. Durham	Tuesday 6 th August	8.30am – 4.30pm	£110.00 + Vat per person Includes all manuals and lunch
5 Day Site Managers Safety Training Scheme 1 x day per week x 5 weeks	Wednesday 7 th , 14 th , 21 st , 28 th August, 4 th September	8.30am – 4.30pm	£475.00 + Vat per person Includes all delegate fees, manuals and lunch
Safe Working at Heights	Tuesday 8 th August	8.30am – 12.30pm	£55.00 + Vat per person
Harness and Lanyard	Tuesday 8 th August	1.00pm – 5.00pm	£55.00 + Vat per person
Manual Handling	Monday 12 th August	8.30am – 12.30pm	£55.00 + Vat per person Includes all manuals
Abrasive Wheels	Monday 12 th August	1.00pm – 5.00pm	£60.00 + Vat per person
1 Day Cskills Health & Safety Awareness Course	Tuesday 13 th August	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch
2 Day First Aid at Work Re-Qualification Shildon, County Durham	13 th – 14 th August	8.30am – 4.30pm	£130.00 + Vat per person
2 Day Cskills Site Supervisors Safety Training Scheme Course	Thursday 15 th & 22 nd August	8.30am – 4.30pm	£210.00 + Vat per person Includes all delegate fees, manuals and lunch
3 Day First Aid at Work Shildon, County Durham	15 th – 17 th August	8.30am – 4.30pm	£180.00 + Vat per person
1 Day Cskills SSSTS Refresher Course	Monday 19 th August	8.30am – 4.30pm	£130.00 + Vat per person Includes all delegate fees, manuals and lunch
2 Day Cskills SMSTS Refresher Course 1 x day per week x 2 weeks	Tuesday 20 th & 27 th August	8.30am – 4.30pm	£275.00 + Vat per person Includes all delegate fees, manuals and lunch
Emergency First Aid at Work Shildon, County Durham	20 th August	8.30am – 4.30pm	£95.00 + Vat per person
1 Day Cskills Health & Safety Awareness Course	Thursday 29 th August	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch



September 2019 Courses

Temporary Works Co-ordination & Supervision (SSSL accreditation)	Monday 2 nd September	8.30am – 4.00pm	£180.00 + Vat per person Includes all manuals and lunch
Safe Working at Heights	Tuesday 3 rd September	8.30am – 12.30pm	£55.00 + Vat per person
Harness and Lanyard	Tuesday 3 rd September	1.00pm – 5.00pm	£55.00 + Vat per person
Confined Spaces Safe Entry Easington, Co. Durham	Thursday 5 th September	8.30am – 4.30pm	£110.00 + Vat per person Includes all manuals and lunch
Emergency First Aid at Work Shildon, County Durham	5 th September	8.30am – 4.30pm	£95.00 + Vat per person
2 Day First Aid at Work Re-Qualification Shildon, County Durham	6 th – 7 th September	8.30am – 4.30pm	£130.00 + Vat per person
Manual Handling	Monday 9 th September	8.30am – 12.30pm	£55.00 + Vat per person Includes all manuals
Abrasive Wheels	Monday 9 th September	1.00pm – 5.00pm	£60.00 + Vat per person
1 Day Cskills Health & Safety Awareness Course	Tuesday 10 th September	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch
3 Day First Aid at Work Shildon, County Durham	10 th – 12 th September	8.30am – 4.30pm	£180.00 + Vat per person
2 Day Cskills Site Supervisors Safety Training Scheme Course	Wednesday 11 th & 18 th September	8.30am – 4.30pm	£210.00 + Vat per person Includes all delegate fees, manuals and lunch
5 Day Site Managers Safety Training Scheme 1 x day per week x 5 weeks	Thursday 12 th , 19 th , 26 th September 3 rd , 10 th October	8.30am – 4.30pm	£475.00 + Vat per person Includes all delegate fees, manuals and lunch
IOSH Safety for Executives and Directors	Monday 16 th September	8.30am – 4.30pm	£180.00 + Vat per person Includes all manuals and lunch
1 Day Cskills SSSTS Refresher Course	Tuesday 17 th September	8.30am – 4.30pm	£130.00 + Vat per person Includes all delegate fees, manuals and lunch
2 Day Cskills SMSTS Refresher Course 1 x day per week x 2 weeks	Monday 23 rd & 30 th September	8.30am – 4.30pm	£275.00 + Vat per person Includes all delegate fees, manuals and lunch
CAT & Genny (Avoiding Dangers of Underground Services)	Tuesday 24 th September	8.30am – 12.30pm	£60.00 + Vat per person Includes all manuals
1 Day Cskills Health & Safety Awareness Course	Tuesday 25 th September	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch



October 2019 Courses

3 Day First Aid at Work Shildon, County Durham	1 st – 3 rd October	8.30am – 4.30pm	£180.00 + Vat per person
2 Day First Aid at Work Re-Qualification Shildon, County Durham	4 th – 5 th October	8.30am – 4.30pm	£130.00 + Vat per person
Confined Spaces Safe Entry Easington, Co. Durham	Monday 7 th October	8.30am – 4.30pm	£110.00 + Vat per person Includes all manuals and lunch
1 Day Cskills Health & Safety Awareness Course	Tuesday 8 th October	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch
Emergency First Aid at Work Shildon, County Durham	8 th October	8.30am – 4.30pm	£95.00 + Vat per person
Temporary Works Co-ordination & Supervision (SSSL accreditation)	Wednesday 9 th October	8.30am – 4.00pm	£180.00 + Vat per person Includes all manuals and lunch
5 Day Site Managers Safety Training Scheme 1 x day per week x 5 weeks	Tuesday 15 th , 22 nd , 29 th October, 5 th & 12 th November	8.30am – 4.30pm	£475.00 + Vat per person Includes all delegate fees, manuals and lunch
Manual Handling	Wednesday 16 th October	8.30am – 12.30pm	£55.00 + Vat per person Includes all manuals
Abrasive Wheels	Wednesday 16 th October	1.00pm – 5.00pm	£60.00 + Vat per person
Safe Working at Heights	Thursday 17 th October	8.30am – 12.30pm	£55.00 + Vat per person
Harness and Lanyard	Thursday 17 th October	1.00pm – 5.00pm	£55.00 + Vat per person
2 Day Cskills Site Supervisors Safety Training Scheme Course	Monday 21 st & 28 th October	8.30am – 4.30pm	£210.00 + Vat per person Includes all delegate fees, manuals and lunch
2 Day Cskills SMSTS Refresher Course 1 x day per week x 2 weeks	Wednesday 23 rd & 30 th October	8.30am – 4.30pm	£275.00 + Vat per person Includes all delegate fees, manuals and lunch
1 Day Cskills Health & Safety Awareness Course	Thursday 24 th October	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch



November 2019 Courses

2 Day First Aid at Work Re-Qualification Sildon, County Durham	1 st – 2 nd November	8.30am – 4.30pm	£130.00 + Vat per person
CAT & Genny (Avoiding Dangers of Underground Services)	Monday 4 th November	8.30am – 12.30pm	£60.00 + Vat per person Includes all manuals
3 Day First Aid at Work Sildon, County Durham	5 th – 7 th November	8.30am – 4.30pm	£180.00 + Vat per person
1 Day Cskills Health & Safety Awareness Course	Wednesday 6 th November	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch
Confined Spaces Safe Entry Easington, Co. Durham	Thursday 7 th November	8.30am – 4.30pm	£110.00 + Vat per person Includes all manuals and lunch
Emergency First Aid at Work Sildon, County Durham	8 th November	8.30am – 4.30pm	£95.00 + Vat per person
2 Day Cskills Site Supervisors Safety Training Scheme Course	Monday 11 th & 18 th November	8.30am – 4.30pm	£210.00 + Vat per person Includes all delegate fees, manuals and lunch
IOSH Safety for Executives and Directors	Wednesday 13 th November	8.30am – 4.30pm	£180.00 + Vat per person Includes all manuals and lunch
Temporary Works Co-ordination & Supervision (SSSL accreditation)	Thursday 14 th November	8.30am – 4.00pm	£180.00 + Vat per person Includes all manuals and lunch
1 Day Cskills Health & Safety Awareness Course	Tuesday 19 th November	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch
2 Day Cskills SMSTS Refresher Course 1 x day per week x 2 weeks	Wednesday 20 th & 27 th November	8.30am – 4.30pm	£275.00 + Vat per person Includes all delegate fees, manuals and lunch
5 Day Site Managers Safety Training Scheme 1 x day per week x 5 weeks	Thursday 21 st , 28 th November, 5 th , 12 th & 19 th December	8.30am – 4.30pm	£475.00 + Vat per person Includes all delegate fees, manuals and lunch
1 Day Cskills SSSTS Refresher Course	Monday 25 th November	8.30am – 4.30pm	£130.00 + Vat per person Includes all delegate fees, manuals and lunch



December 2019 Courses

Safe Working at Heights	Monday 2 nd December	8.30am – 12.30pm	£55.00 + Vat per person
Harness and Lanyard	Monday 2 nd December	1.00pm – 5.00pm	£55.00 + Vat per person
Manual Handling	Tuesday 3 rd December	8.30am – 12.30pm	£55.00 + Vat per person Includes all manuals
2 Day First Aid at Work Re-Qualification Shildon, County Durham	3 rd – 4 th December	8.30am – 4.30pm	£130.00 + Vat per person
1 Day Cskills Health & Safety Awareness Course	Wednesday 4 th December	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch
3 Day First Aid at Work Shildon, County Durham	5 th -7 th December	8.30am – 4.30pm	£180.00 + Vat per person
2 Day Cskills SMSTS Refresher Course 1 x day per week x 2 weeks	Monday 9 th & 16 th December	8.30am – 4.30pm	£275.00 + Vat per person Includes all delegate fees, manuals and lunch
2 Day Cskills Site Supervisors Safety Training Scheme Course	Tuesday 10 th & 17 th December	8.30am – 4.30pm	£210.00 + Vat per person Includes all delegate fees, manuals and lunch
Emergency First Aid at Work Shildon, County Durham	10 th December	8.30am – 4.30pm	£95.00 + Vat per person
Confined Spaces Safe Entry Easington, Co. Durham	Wednesday 11 th December	8.30am – 4.30pm	£110.00 + Vat per person Includes all manuals and lunch
1 Day Cskills Health & Safety Awareness Course	Wednesday 18 th December	8.30am – 4.30pm	£115.00 + Vat per person Includes all delegate fees, manuals and lunch